

# 20 DAYS OF SPRING CLEANING

Clean home+ Clean Mind



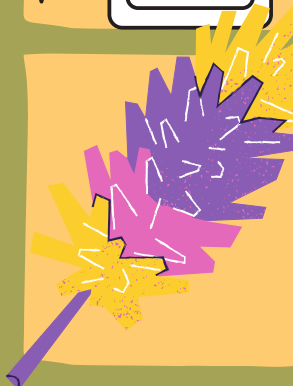
**Clean 2 shelves  
of your fridge**

**Clean a  
drawer**

**Clean ceiling  
fans/lights**

**Dust  
family  
room**

**Clean a  
bathroom sink**



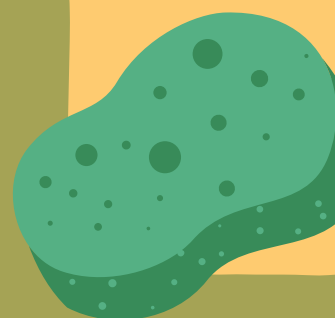
**Wash  
bed sheets**

**Clean a  
toilet**

**Wipe down  
all kitchen  
counters**

**Clean  
a drawer**

**Clean baseboards  
in your entry way**



**Clean the  
oven**

**Vacuum  
bedrooms**

**Dust entry  
way areas**

**Clean 2  
shelves of  
fridge**

**Clean a  
toilet**



**Dust your  
bedroom**

**Clean a  
drawer**

**Clean floors**

**Clean the  
tub/showers**

**Clean 2 shelves  
of your fridge**

